

Come Join Us for a

Workshop for Carers

Management of people with disabilities Maintenance of Independence
Improvement of quality of life



By:

En. Mohamed Munzir bin Khairudin, Occupational Therapist, My Flex Health Group.

Date : Saturday, 22nd June 2013

Time : 1.30 pm to 5.00 pm

Venue : Dewan Pantai, Ground Floor, Pantai Hospital Kuala Lumpur, 8, Jalan Bukit Pantai, 59100 Kuala Lumpur.

Programme:

- 1.30 - 2.00 pm : Registration
- 2.00 - 3.15 pm : **CARING** – The “ Who, What, Why and How” of Caring. Impact on Carers and persons requiring care.
- : **PERSONAL CARE** – Understand basic personal care needs in the elderly or disabled, and identify positive and negative outcomes on personal care.
- 3.15 - 3.45 pm : Tea Break
- 3.45 - 5.00 pm : **INDEPENDENCE** – Understand the basic principles of independence and aging and strategies to encourage independent living.
- : **NEEDS** – Understand basic principles of people’s needs when living with disabilities.

Organised by:



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Please RSVP to Mr. Looi at 03-79806685 or 017-8871859 / 013-3415418 for registration before 18th June 2013. Admission is free on a first come first serve basis.